ENDOMETRIOSIS & REPRODUCTIVE HEALTH FOUNDATION

Bulgaria • Patient-led foundation • Established 2019
endometriosis.bg • info@endometriosis.bg

WHO WE ARE

We believe that women's health deserves more than awareness - it deserves action, investment and lasting change.

Endometriosis and Reproductive Health Foundation (ERHF) is a Bulgarian patient-led organisation working to transform how endometriosis, adenomyosis and reproductive health conditions are understood, diagnosed and treated.

Driven by lived experience and a commitment to health equity, we bring patients' voices into medical research, clinical practice and public policy. We work alongside healthcare professionals, researchers, institutions and international partners to challenge systemic barriers, advance patient rights, improve standards of care and expand access to timely diagnosis and effective treatment.

From supporting individual patients to shaping national policies and building international collaborations, our mission is to ensure that women's health is recognised, prioritised and never treated as an afterthought.

AREAS OF EXPERTISE & EXPERIENCE



Health policy & patient rights

Sustained advocacy on diagnostic delays, care pathways, reimbursement, access to specialist treatment and fertility preservation; institutional positions and public consultations.



Research & clinical trials

Contributions to the organisation and patient-facing coordination of clinical-trial initiatives in Bulgaria, with clinical partners and ethically governed recruitment processes.



Patient support

EndoLine information and navigation; identification of patient needs, barriers to diagnosis and treatment, and research priorities.

Education & professional engagement

EndoGirl secondary-school education; training for school professionals; patient-facing resources; multidisciplinary healthcare dialogue.

ADVOCACY & INSTITUTIONAL ENGAGEMENT

ERHF has an established record of engagement with Bulgarian health authorities, professional societies and civil-society forums. Priorities include national standards for endometriosis and adenomyosis, timely diagnosis, fertility preservation, accessible treatment, menstrual-health policy and meaningful patient representation. ERHF joined the European Medicines Agency stakeholder database in 2026.

The Foundation participates in the Health sector of the Public Council associated with the Bulgarian National Assembly's Committee for Direct Citizen Participation and Interaction with Civil Society.



10,000+ Women reached and supported across Bulgaria

700+ Schoolgirls educated in menstrual health (in 2026)

200+ Healthcare professionals trained

50+ Volunteers supporting our mission

BALKAN ENDOMETRIOSIS & ADENOMYOSIS SUMMIT

Advancing diagnosis, care and recover across the balkans

Initiated and led by ERHF in collaboration with patient organisations across the Balkans, the **Balkan Endometriosis & Adenomyosis Summit** brought together over 1,000 participants and health professionals from more than 20 countries. The event featured 18 expert presentations by leading specialists from six countries, covering diagnosis, fertility, surgery, pain management, rehabilitation and multidisciplinary care.

BEA SUMMIT
BALKAN ENDOMETRIOSIS & ADENOMYOSIS SUMMIT

What We Contribute to Horizon Consortia

Patient expertise · Policy engagement · Research participation · Regional networks

CONSORTIUM CAPABILITIES

- Patient & public involvement: advisory groups, co-design, lived-experience priorities throughout research.
- Patient & community engagement: outreach and recruitment support under approved protocols and ethical safeguards.
- Participatory & qualitative research: patient-journey mapping, interviews and focus groups alongside academic teams.
- Patient-centred evaluation: input into PROMs/PREMs, acceptability, accessibility and trust with qualified researchers.
- Policy translation & dissemination: evidence-to-policy dialogue, stakeholder convening and accessible communication.

POTENTIAL PROJECT DELIVERABLES

Patient advisory board and engagement strategy
Patient needs assessment and journey reports
Co-design workshops and stakeholder consultations
Community-facing research communications
Accessible patient information resources
Policy-oriented recommendations and uptake activities

PARTNERSHIP SOUGHT

Consortium partner or work-package contributor with universities, university hospitals, public-health institutes, clinical research teams and health-technology groups.

HORIZON EUROPE 2027 - COOPERATION INTERESTS

HORIZON-HLTH-2027-01-DISEASE-10

Adolescent health, evidence-based implementation and inequalities affecting underserved groups, subject to the precise disease and intervention scope.

HORIZON-HLTH-2027-02-TOOL-01-two-stage

Patient involvement in AI-enabled predictive biomarker research for chronic non-communicable diseases, led by clinical and technical specialists.

Also interested in appropriate projects on integrated care, women's health, clinical research, patient participation and responsible digital health.

MEMBERSHIPS & NETWORKS

World Endometriosis Organisation (WEO)
World Endometriosis Society (WES)
European Endometriosis Alliance
European Public Health Alliance (EPHA)
Global Endometriosis Movement
European Women's Lobby

CONTACT & ORGANISATION DETAILS

Endometriosis and Reproductive Health Foundation | Bulgaria | Public-benefit NGO

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